

HAZELDENE HOUSE SURGERY

DR EMMANUEL AFOAKWAH

Sadly Dr Emmanuel is leaving the Practice on 18th September 2009 to take up a full time position with Wolverhampton Road Surgery in Stafford. Dr Emmanuel, who has been with us for 2½ years, will be missed by his patients and by the Doctors and staff at the Surgery and we all wish him well in his new job.

DR DAWN WASHINGTON

Dr Washington is a fully qualified Doctor who is gaining experience in different areas of medicine prior to choosing her career pathway. She will be with us until December 2009 and will be holding regular surgeries.

HEALTH AWARENESS EVENING

We are pleased to announce that together with Spire Little Aston Hospital we will be holding a Health Awareness Evening on **Thursday 19th November 2009** at Colwich and Little Haywood Village Hall from 6.30pm to 9.30pm.

All patients are invited to join Consultants from Little Aston Hospital and Doctors from the Practice to learn more about men's and women's health including symptoms to look out for and treatments available. Topics will include bowel and breast cancer awareness, hip and knee surgery, cosmetic surgery and much more.

A full programme will be available shortly. Admission is **FREE** and tickets will be available as of Monday 28th September 2009 from the Surgery. Seating is limited so do please make a note of the event in your diary and we look forward to you joining us for what should prove to be a very interesting and informative evening.

WHAT CAN YOU BUY FOR 20p?

Primary Care is the most cost effective part of the NHS. Did you know that GPs are paid less than 20 pence per patient per day to provide all the day to day care that is required. This is less than the cost of a daily newspaper.

NEW SERVICE

Linda Ford, who is a Heart Failure Specialist Nurse, is now holding regular Clinics at the Surgery.

COUNSELLING SERVICE

Unfortunately Emma, our Voluntary Counsellor, has left us but we will shortly be re-offering counselling at the Surgery on 2 afternoons each week.

THERE HAS NEVER BEEN A BETTER TIME TO GIVE UP SMOKING

With the current economic downturn many of us are being forced to review our spending. If you are a smoker think about how much money you could save by giving up. If you smoke 20-30 cigarettes a day you could save more than £1000 a year if you are able to quit. If you genuinely would like to quit smoking our Nurses can offer you one to one support to help you to achieve your goal. All you need to do is to contact Reception and make a Quit Smoking appointment.

There have been many successes here at the Surgery – so go on give it a go and if you are really determined you can do it!

KEEPING US INFORMED

At times it is necessary for us to get in touch with you. Please make sure that we have your up-to-date contact details including your current address and telephone numbers – both home and mobile.